

You're Invited to a Healthcare Professional CE Group Viewing Event

Targeting Maternal Diet in the First 1,000 Days to Impact Outcomes

Professor and neonatologist, Christina J. Valentine, MD, MS, RD, reviews the latest evidence demonstrating the perinatal benefits of docosahexaenoic acid (DHA) during the first 1,000 days beginning at conception. Dr. Valentine emphasizes the significance of DHA and its benefits in terms of risk of preterm birth and early preterm, as well as birth weight. Dr. Valentine also emphasizes the need to review mothers' prenatal and postnatal diet, while highlighting sources and appropriate dosing of supplemental DHA for optimal breast milk composition.

Date	_____
Time	_____
Location	_____
Organized by	_____
For more info contact	_____

After viewing, go to <https://pnce.org/gv/60061> to complete a short assessment and get your certificate.

Target Audience

This education was designed to support physicians, nurses, advanced practice clinicians, registered dietitians, and other healthcare professionals who have an interest in newborns, infants and toddlers.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Define the importance of nutrition in the first 1,000 days for preterm infants
- Recognize how maternal dietary docosahexaenoic acid in pregnancy and lactation impacts immune health and outcomes of preterm infants
- Improve awareness in clinical practice to counsel mothers on key foods and supplements



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The Annenberg Center designates this enduring material for a maximum of 0.5 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Provider is approved by the California Board of Registered Nursing, Provider #13664, for 0.5 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 0.5 continuing professional education unit (CPEU) for completion of this program/material.



Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.