

You're Invited to a Healthcare Professional CE Group Viewing Event

Early Metabolic Programming of Growth and Long-Term Health

Renowned professor **Berthold Koletzko, MD, PhD**, explains how early nutrition impacts growth and later health. Dr. Koletzko reviews evidence showing how the risk of obesity is influenced through infant feeding. Dr. Koletzko also explores underlying metabolic mechanisms and how to better implement early nutrition practices to achieve greater long-term benefits for the child and public health.

Date	_____
Time	_____
Location	_____
Organized by	_____
For more info contact	_____

After viewing, go to <https://pnce.org/gv/60064> to complete a short assessment and get your certificate.

Target Audience

This education was designed to support physicians, nurses, advanced practice clinicians, registered dietitians, and other healthcare professionals who have an interest in newborns, infants and toddlers.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Recognize the implications and long-term outcomes of rapid, early weight gain after birth
- Recognize how a longer duration of breast-feeding modulates growth and body composition, as well as later health, performance, and disease risk



JOINTLY ACCREDITED PROVIDER*
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Annenberg Center designates this enduring material for a maximum of 0.5 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this enduring activity for a maximum of 0.5 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 0.5 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 0.5 continuing professional education unit (CPEU) for completion of this program/material.

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Commission on Dietetic Registration <small>RDs and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.</small>	Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.
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