

ON-DEMAND VIEWING

pnce.org/CustomizingProteins



Free CE/CME course—archived webcast.

Customizing Proteins, Fats and Carbs: A Balancing Act in the NICU

Presented by William W. Hay, Jr, MD, with Bethany S. Hodges, MS, RD, CNSC

Dr. Hay and Ms. Hodges discuss the balance of macronutrients in preterm infants, with a focus on the role of protein; the challenges associated with preterm infant nutrition in the neonatal intensive care unit (NICU); unique nutritional needs of preterm infants; the implications of suboptimal protein intake on growth and development; practical recommendations for parenteral and enteral protein intake in the preterm infant; and the protein sources for preterm infants, including mother's own milk, donor milk, and formula.

About the Presenters

William W. Hay, Jr, MD, was previously a professor of pediatrics at the University of Colorado School of Medicine. He serves as chief medical officer and a member of the clinical and scientific advisory board of Astarte Medical. Bethany Hodges, MS, is a registered dietitian specializing in neonatal nutrition.

Learning Objectives

- Describe the unique nutritional needs of preterm infants
- Relate the protein needs of preterm infants with growth and development
- Identify preterm infants whose nutritional needs are changing

Activity Format

This activity is an online enduring material. Successful completion is achieved by reading and/or viewing the material, reflecting on its implications in your practice, and completing the assessment component.



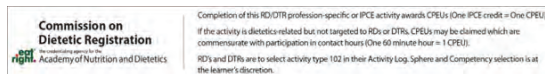
In support of improving patient care, Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Annenberg Center designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this enduring activity for a maximum of 1.0 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.



Sponsored by



Supported by an educational grant from
Mead Johnson Nutrition