

ON-DEMAND VIEWING

pnce.org/Postdischarge



Free CE/CME course—archived webcast.

Redesigning Postdischarge Nutrition in the NICU

Presented by Tara K. Bastek, MD, MPH, and Ian J. Griffin, MB ChB

Dr. Tara Bastek and Dr. Ian Griffin provide detailed information to underscore the significance of proper nutritional intake in the NICU. They review the latest nutrient intake recommendations, and define optimal growth as an infant transitions from parenteral to enteral nutrition during the course of acute, convalescent, and discharge phases, with specific feeding strategies during each. Individualized formula fortification strategies are also discussed to help parents and providers follow prescribed feeding plans to optimize long-term outcomes.

About the Presenters

Tara K. Bastek, MD, MPH, is a Neonatologist and Chair of the Ethics Committee of WakeMed Health and Hospitals. Ian J. Griffin, MB ChB, is Director of Clinical and Translational Research at MidAtlantic Neonatology Associates.

Learning Objectives

- Link nutrient intake recommendations for growing preterm infants with expected growth
- Describe the latest evidence supporting preterm infant convalescent and discharge nutrition
- Review novel approaches to convalescent and discharge feeds when a preterm infant is designated as at risk for growth failure or micronutrient deficiencies
- Customize nutritional interventions to help close the growth failure gap in the NICU and at discharge



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Annenberg Center designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this enduring activity for a maximum of 1.0 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.

Commission on
Dietetic Registration
INTERNATIONAL BOARD OF REGISTERED DIETITIAN-AND-NUTRITIONISTS
Academy of Nutrition and Dietetics

Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60-minute hour = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Log 5Sphere and Competency selection is at the learner's discretion.

Sponsored by



**ANNENBERG CENTER
FOR HEALTH SCIENCES**
AT EISENHOWER

Imparting knowledge. Improving patient care.

Supported by an educational grant from
Mead Johnson Nutrition