

You're Invited to a Healthcare Professional CE Group Viewing Event

Nutrition in the First 1,000 Days: Vitamin D

Neonatologist **Carol L. Wagner, MD**, reviews the importance of vitamin D beyond bone health, and its role in growth and development from neonate to toddler. She defines vitamin D deficiency and outlines a screening process to monitor levels. To provide optimal long-term health outcomes, Dr. Wagner reviews supplementation plans in pregnant women and formula intake in infants, as well as complementary foods after 6 months of age.

Date	_____
Time	_____
Location	_____
Organized by	_____
For more info contact	_____

After viewing, go to <https://pnce.org/gv/60077> to complete a short assessment and get your certificate.

Target Audience

This activity was developed for pediatric physicians, nurses, registered dietitians, advanced practice clinicians, and other healthcare providers who have an interest in newborns, infants, and toddlers.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Summarize vitamin D insufficiency for mothers and infants in the first 1,000 days
- Describe the role of vitamin D in growth and development, beyond bone health
- Develop proper vitamin D monitoring and supplementation plans in pregnant women and infants



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The Annenberg Center designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this enduring activity for a maximum of 1.0 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.



Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.