

ON-DEMAND VIEWING

pnce.org/Allergy-Trends



Free continuing education course

Trends in the Clinical Management of Food Allergy

Presented by Raquel Durban, MS, RD, LDN

Ms. Durbin reviews the current epidemiology of food allergies and the relationship between timing of allergenic food introduction and development of food allergies and related disorders. She describes updated clinical guidelines, and reviews clinical tools and techniques clinicians can use in practice to manage patients who have or are at risk for food allergies. The current role of immunotherapy is discussed, as well as new and emerging food allergy research.

About the Presenter

Raquel Durban, MS, RD, LDN, is a dietitian who provides medical nutrition therapy to patients of the Carolina Asthma & Allergy Center in Charlotte, North Carolina. Ms. Durban leads disease-based support groups and community outreach programs.

Learning Objectives

By participating in this course, you will better:

- Describe current trends for the early introduction of allergenic foods
- Apply food allergen exposure guidelines to clinical practice
- Counsel parents and caregivers to safely and appropriately introduce foods with potential allergens to infants
- Anticipate future trends for the introduction of allergenic foods

Activity Format

This activity is an online enduring material. Successful completion is achieved by reading and/or viewing the materials, reflecting on its implications in your practice, and completing the assessment component.

You can view and print a certificate when you successfully complete the course, and pass the posttest. Your certificate will be tracked in your account profile.



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In support of improving patient care, Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Annenberg Center designates this activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this activity for a maximum of 1.0 American Nurses Credentialing Center (ANCC) contact hour, including 0.25 pharmacology hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material. Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.

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