

You're Invited to a Healthcare Professional CE Group Viewing Event

Optimizing Early Nutrition for Long-Term Benefits

Sharon Donovan, PhD, RD, and Michael Georgieff, MD, review what is currently known about the influence of nutrition during the first 1,000 days of growth and development. Human milk—the model for optimal nutrition—is discussed, including its nutritive and nonnutritive components, how it functions as a dynamic biological system, and the latest breastfeeding guidelines. The implications of suboptimal early nutrition are addressed, along with the role of pediatric clinicians in providing practical, evidence-based advice to caregivers on this complex issue.

Date

Time

Location

Organized by

For more info contact

After viewing, go to <https://pnce.org/gv/60430> to complete a short assessment and get your certificate.

Target Audience

This education was developed to support pediatricians, pediatric nurses, dietitians, and other healthcare providers who treat infants and children.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Identify nutrients critical for brain and cognitive development during the first 1,000 days
- Associate potential early nutrient deficiencies with long-term consequences
- Synthesize current research to recommend infant feeding practices that provide optimal support for brain and neurodevelopment



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Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.

Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.



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