

ON-DEMAND VIEWING

Go to course



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Free CE course

Nutrition Post-Hospital Discharge

Presented by Sarah N. Taylor, MD, MSCR, at Miami Neonatology 2023

Chief of Pediatrics in Neonatology and Director of Clinical Research at Yale School of Medicine, Sarah N. Taylor, MD, MSCR, provides a review of clinical evidence on how nutrition posthospital discharge relates to better growth and health outcomes. She explores the pros and cons of various infant formulas and advocates for ongoing support for milk expression and breastfeeding. Understanding the family's feeding goals is crucial in establishing a nutrition and feeding strategy.

Learning Objectives

- Identify the unique nutrition needs of preterm infants after NICU discharge
- Identify a postdischarge feeding strategy that supports optimal growth and development for a very preterm infant
- Evaluate the benefits from sustained exposure to human milk in very preterm infants after NICU discharge



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Provider is approved by the California Board of Registered Nursing, Provider #13664, for 0.5 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material. Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.

Activity Format

This activity is an online enduring material. Successful completion is achieved by reading and/or viewing the material, reflecting on its implications in your practice, and completing the assessment component.

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