

You're Invited to a Healthcare Professional CE Group Viewing Event

Human Milk Fortification – Evidence Related to Bovine vs Human Milk Derived

Human milk fortification is necessary to provide nutrients required by very preterm infants. Professor of Pediatrics and the Chief of Neonatology at Emory University, **Brenda Poindexter, MD, MS**, shares evidence and insights from several studies on the intake of human milk-based and bovine-based fortifiers. Dr. Poindexter addresses the need for different fortification strategies and provides critical evidence on the use of human milk- and bovine-based fortifiers along with their impact on the risk of NEC and other important health outcomes.

Date	_____
Time	_____
Location	_____
Organized by	_____
For more info contact	_____

After viewing, go to <https://pnce.org/gv/6073-3EM> to complete a short assessment and get your certificate.

Target Audience

This education was developed to support physicians, nurses, registered dietitians, and other healthcare professionals who have an interest in newborns, infants, and toddlers.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Recognize why fortification of human milk is necessary for preterm infants.
- Summarize current evidence related to human milk-based human milk fortifiers, including the impact on NEC, growth, and other important outcomes.
- Evaluate special considerations with the use of donor milk.
- Emphasize that further study is needed to identify the ideal source and nutrient profile for human milk fortifiers.



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Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 0.5 continuing professional education unit (CPEU) for completion of this program/material.

Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.