



# You're Invited to a Physician CME, Nurse and Registered Dietitian CE Group Viewing Event

## Individualized Fortification of Breast Milk for Preterm Infants

Mother's breastmilk is notably considered the gold standard for infants' nutrition. However, **Christoph Fusch, MD, PhD**, discusses evidence that reveals the macronutrient composition from breastmilk is variable and may not provide adequate nutrients for the essential growth and neurodevelopment needed in preterm infants. The challenge with enteral nutrition is determining how to achieve a healthy balance between appropriate nutritional intake while also reducing the risk of sepsis and necrotizing enterocolitis (NEC) in preterm infants in order to achieve good growth and developmental outcomes. Dr. Fusch reviews the benefits and draw backs of mother's milk, donor milk, and fortified infant formula in premature infants, as well as evaluating the optimum composition of infant milk fortification.

<b>Date</b>	_____
<b>Time</b>	_____
<b>Location</b>	_____
<b>Organized by</b>	_____
<b>For more info contact</b>	_____

After viewing, go to <https://pnce.org/gv/56224> to complete a short assessment and get your certificate.

### Accreditation and Certification

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation-Enduring Material

The Annenberg Center for Health Sciences at Eisenhower designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



American Association of  
NURSE PRACTITIONERS

Annenberg Center for Health Sciences is accredited by the

American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 040207.

This program is accredited for 1.0 contact hour. Program ID #5622-EM4.

Annenberg Center for Health Sciences is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 1.0 contact hour may be earned for successful completion of this activity.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour.

Annenberg Center for Health Sciences at Eisenhower is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material. Provider number AC857 Activity number 147132

### Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Assess the benefits and optimum compositions of fortified human milk and formula in preterm infant enteral nutrition
- Develop individualized, evidence-based nutritional strategy for preterm infants to include the protective effect of breastmilk, and provide appropriate growth and neurodevelopment rates

