



You're Invited to a Physician CME, Nurse and Registered Dietitian CE Group Viewing Event

Bioactive Proteins in Breast Milk

Bo Lönnerdal, PhD, reviews the numerous bioactive proteins found in human milk, including lactoferrin, lysozyme, secretory IgA, haptocorrin, α -Lactalbumin, bile-salt stimulated lipase, κ -casein, and β -casein. Based on his and others' research in the area of infant nutrition and the physiological significance of breast milk, Dr. Lönnerdal will highlight the short- and long-term benefits conferred by these components of breast milk in regard to infant health and development.

Date	_____
Time	_____
Location	_____
Organized by	_____
For more info contact	_____


After viewing, go to <https://pnce.org/gv/56230> to complete a short assessment and get your certificate.

Accreditation and Certification

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation—Enduring Material

The Annenberg Center for Health Sciences at Eisenhower designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

 **AANP PROVIDER** | American Association of Nurse Practitioners
 Annenberg Center for Health Sciences is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education.
 Provider number: 040207.
 This program is accredited for 1.0 contact hour.
 Program ID #5623-EM1.

Annenberg Center for Health Sciences is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 1.0 contact hour may be earned for successful completion of this activity.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour.

Annenberg Center for Health Sciences at Eisenhower is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.
 Provider number AC857
 Activity number 139803

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- List the components of human breast milk and their health benefits for the infant
- Counsel mothers on the unique short- and long-term benefits of human breast milk for the infant

