



# You're Invited to a Physician CME, Nurse and Registered Dietitian CE Group Viewing Event

## Optimizing Nutrition in Infants at High Risk for Developing Allergy

**Tatyana Hofmekler, MD, MSc**, discusses the role of human milk in preventing allergy development, as well as identifying formula options that support the needs of infants with food allergies or those at high risk for food allergies. Topics covered include an overview of nutritional and growth considerations for children; benefits of human milk and breastfeeding; identification of infants at high risk for developing allergies; the nutritional composition of infant formula options; and comparison of non-cow's milk-based formulas and their indications for use.

**Date** \_\_\_\_\_

**Time** \_\_\_\_\_

**Location** \_\_\_\_\_

**Organized by** \_\_\_\_\_

**For more info contact** \_\_\_\_\_


After viewing, go to <https://pnce.org/gv/57572> to complete a short assessment and get your certificate.

### Accreditation and Certification

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation—Live Material

The Annenberg Center for Health Sciences at Eisenhower designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

 American Association of Nurse Practitioners  
Annenberg Center for Health Sciences is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 040207.

This program is accredited for 1.0 contact hour. Program ID #5757-IL.

Annenberg Center for Health Sciences is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 1.0 contact hour may be earned for successful completion of this activity.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour.

Annenberg Center for Health Sciences at Eisenhower is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material. Provider number AC857 Activity number #149671

### Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Understand the role of human milk in preventing allergy development
- Recognize factors that predispose infants to allergy
- Identify formula options that support the nutritional needs of infants with food allergy