



# You're Invited to a Physician CME, Nurse and Registered Dietitian CE Group Viewing Event

## Clinical Recommendations for Reducing and Preventing Food Allergies

**Hugh Sampson, MD**, and **Marion Groetch, MS, RDN**, examine the importance of optimal nutrition in allergic children, as well as the latest evidence for introducing allergenic foods. The faculty discuss the link between food allergies and poor nutrition and growth; communicating strategies for nutritionally complete elimination diets; assessing and mitigating nutritional risk; the LEAP, EAT, and PETIT studies; solid food introduction and allergies; and the role of skin barrier maintenance in preventing allergies.

<b>Date</b>	_____
<b>Time</b>	_____
<b>Location</b>	_____
<b>Organized by</b>	_____
<b>For more info contact</b>	_____

After viewing, go to <https://pnce.org/gv/57581> to complete a short assessment and get your certificate.

### Accreditation and Certification

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation-Live Material

The Annenberg Center for Health Sciences at Eisenhower designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



American Association of  
Nurse Practitioners

Annenberg Center for Health Sciences is accredited by the

American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education.

Provider number: 040207.

This program is accredited for 1.0 contact hour.

Program ID #5758-IL.

Annenberg Center for Health Sciences is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 1.0 contact hour may be earned for successful completion of this activity.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour.

Annenberg Center for Health Sciences at Eisenhower is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.

Provider number AC857

Activity number #149457

### Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Develop management strategies to optimize nutrition in the allergic child and prevent allergic progression
- Interpret the latest evidence for introducing allergenic food in the first years

