



You're Invited to a Physician CME, Nurse, Registered Dietitian and CE Group Viewing Event

Redesigning Postdischarge Nutrition in the NICU

Dr. Ian Griffin and **Dr. Tara Bastek** underscore the significance of proper nutritional intake in the NICU. They review the latest nutrient intake recommendations and define optimal growth as an infant transition from parenteral to enteral nutrition during the course of acute, convalescent, and discharge phases, with specific feeding strategies during each. Individualized formula fortification strategies are also discussed to help parents and providers follow prescribed feeding plans to optimize long-term outcomes.

Date

Time

Location

Organized by

For more info contact

After viewing, go to <https://pnce.org/gv/58790> to complete a short assessment and get your certificate.

Accreditation and Certification

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation—Enduring Material

The Annenberg Center for Health Sciences at Eisenhower designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Annenberg Center for Health Sciences is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 1.0 contact hour may be earned for successful completion of this activity.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour.

Annenberg Center for Health Sciences at Eisenhower is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.

Provider number: AC857

Activity number: 159590

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Link nutrient intake recommendations for growing preterm infants with expected growth
- Describe the latest evidence supporting preterm infant convalescent and discharge nutrition
- Review novel approaches to convalescent and discharge feeds when a preterm infant is designated as at risk for growth failure or micronutrient deficiencies
- Customize nutritional interventions to help close the growth failure gap in the NICU and at discharge

