



You're Invited to a Physician CME, Nurse, Registered Dietitian and CE Group Viewing Event

Nutrition in the First 1,000 Days: Iron

Iron plays a critical role in early neurodevelopment in the first 1,000 days and is an essential micronutrient during pregnancy, especially in the last trimester. **Michael K. Georgieff, MD**, discusses how early detection for at-risk infants is crucial in long-term consequences for brain health, and that proper screening for maternal iron deficiency is critical. Dr. Georgieff details how to prevent and treat iron deficiency, the benefits of iron supplements, as well as recommended daily intake of iron-fortified formula for both formula-fed and breastfed infants.

Date

Time

Location

Organized by

For more info contact

After viewing, go to <https://pnce.org/gv/58811> to complete a short assessment and get your certificate.

Accreditation and Certification

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation—Enduring Material

The Annenberg Center for Health Sciences at Eisenhower designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Annenberg Center for Health Sciences is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 1.0 contact hour may be earned for successful completion of this activity.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour.

Annenberg Center for Health Sciences at Eisenhower is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.

Provider number: AC857

Activity number: 160176

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Understand how iron deficiency hinders brain development in the first 1,000 days
- Associate early iron deficiency with long-term consequences
- Optimally manage iron deficiency in pregnant women and infants

