



You're Invited to a Physician CME, Nurse, Registered Dietitian and CE Group Viewing Event

Nutrition in the First 1,000 Days: Vitamin D

Neonatologist **Carol L. Wagner, MD**, reviews the importance of vitamin D beyond bone health, and its role in growth and development from neonate to toddler. She defines vitamin D deficiency and outlines a screening process to monitor levels. To provide optimal long-term health outcomes, Dr. Wagner reviews supplementation plans in pregnant women and formula intake in infants, as well as complementary foods after 6 months of age.

Date

Time

Location

Organized by

For more info contact

After viewing, go to <https://pnce.org/gv/58812> to complete a short assessment and get your certificate.

Accreditation and Certification

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation—Enduring Material

The Annenberg Center for Health Sciences at Eisenhower designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Annenberg Center for Health Sciences is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 1.0 contact hour may be earned for successful completion of this activity.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour.

Annenberg Center for Health Sciences at Eisenhower is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.

Provider number: AC857

Activity number: 160177

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Summarize vitamin D insufficiency for mothers and infants in the first 1,000 days
- Describe the role of vitamin D in growth and development, beyond bone health
- Develop proper vitamin D monitoring and supplementation plans in pregnant women and infants

