# You're Invited to a Healthcare Professional CE Group Viewing Event

# Guidelines for Nutritional Care in the NICU: Author-Led Cases

This video and case-based course presents a series of 7 modules that builds on content included in the updated and expanded *Nutritional Care of Preterm Infants: Scientific Basis and Practical Guidelines, 2nd Edition*, published in 2021. Faculty authors share the latest data and key practice tips from their respective chapters, while highlighting continued research opportunities to advance nutritional care of preterm infants. To facilitate application to practice, each module includes a case study with faculty discussion of clinical decision points. Series editor, **Dr. Berthold Koletzko**, presents an overview of key nutritional needs, as well as how to approach human milk fortification in preterm infants. Additional topics include preterm nutrition as it affects the brain, strategies to prevent growth faltering, critical periods for nutrition and long-term outcomes, the role of nutrition in neonatal lung function, and energy requirements for preterm infants.

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## After viewing, go to https://pnce.org/gv/59040 to complete a short assessment and get your certificate.

### **Target Audience**

This activity was developed for neonatologists, nurses, dietitians, advanced practice clinicians, and other healthcare providers with an interest in preterm infants.

### **Learning Objectives**

At the conclusion of this activity, participants should be better able to:

- Assess updates to the preterm infant nutritional guidelines
- Identify areas of your clinical practice impacted by these updates
- Modify clinical practice impacted by these guideline updates in collaboration with members of the preterm infant care team
- Implement preterm infant nutrition strategies aligned to the updated guidelines



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(ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Annenberg Center designates this enduring material for a maximum of 2.0 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this enduring activity for a maximum of 2.0 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 2.0 contact hour. To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 2.0 continuing professional education unit (CPEU) for completion of this program/material.



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Commission on Dietetic Registration Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RD's and DTR's are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.

This activity is supported by an educational grant from Mead Johnson Nutrition.