



Free modular continuing education

Guidelines for Nutritional Care in the NICU: Author-Led Cases

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This video and case-based course presents a series of 7 modules that builds on content included in the updated and expanded Nutritional Care of Preterm Infants: Scientific Basis and Practical Guidelines, 2nd Edition, published in 2021. Faculty authors share the latest data and key practice tips from their respective chapters, while highlighting continued research opportunities to advance nutritional care of preterm infants. To facilitate application to practice, each module includes a case study with faculty discussion of clinical decision points. Series editor, Dr. Berthold Koletzko, presents an overview of key nutritional needs, as well as how to approach human milk fortification in preterm infants. Additional topics include preterm nutrition as it affects the brain, strategies to prevent growth faltering, critical periods for nutrition and long-term outcomes, the role of nutrition in neonatal lung function, and energy requirements for preterm infants.

Learning Objectives

- Assess updates to the preterm infant nutritional guidelines
- Identify areas of your clinical practice impacted by these updates
- Modify clinical practice impacted by these guideline updates in collaboration with members of the preterm infant care team
- Implement preterm infant nutrition strategies aligned to the updated guidelines



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Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 2.0 continuing professional education units (CPEUs) for completion of this program/material.



Activity Format

This activity is an online enduring material. Successful completion is achieved by reading and/or viewing the material, reflecting on its implications in your practice, and completing the assessment component.

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