



## You're Invited to a Physician CME, Nurse, Registered Dietitian, and Lactation Consultant CE Group Viewing Event

### Preterm Nutrition Through Discharge: A Case-Based Challenge

**Tara Bastek, MD, MPH**, and pediatric nutrition specialist, **Karen Varga, RD, LDN, CNSC**, provide detailed information to underscore the significance of proper nutritional intake in the NICU. During this review, interactive cases track preterm infants through the NICU to discharge, presenting challenges and solutions that focus on the latest nutrient intake recommendations, and overcoming the potential for mid-growth failure while transitioning from parenteral to enteral nutrition during acute, convalescent, and discharge feeding phases. The cases address how to assess growth during significant transition phases or backfill growth with micronutrients. Individualized formula fortification strategies are also discussed to help parents and providers follow prescribed feeding plans to optimize long-term outcomes.

<b>Date</b>	_____
<b>Time</b>	_____
<b>Location</b>	_____
<b>Organized by</b>	_____
<b>For more info contact</b>	_____

After viewing, go to <https://pnce.org/gv/59160> to complete a short assessment and get your certificate.

#### Accreditation and Certification

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### Credit Designation-Enduring Material

The Annenberg Center for Health Sciences at Eisenhower designates this enduring material for a maximum of 1.25 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Annenberg Center for Health Sciences is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 1.25 contact hours may be earned for successful completion of this activity.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.25 contact hours.

Annenberg Center for Health Sciences at Eisenhower has filed an application for Continuing Education Recognition Points (CERPs) with The International Board of Lactation Consultant Examiners. Determination of credit is pending.

Annenberg Center for Health Sciences at Eisenhower is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.25 continuing professional education units (CPEUs) for completion of this program/material.

Provider number: AC857

Activity number: 164533

#### Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Link nutrient intake recommendations to the expected growth for preterm infants
- Apply the latest evidence supporting preterm infant convalescent and discharge nutrition
- Recommend novel approaches to convalescent and discharge feeds when a preterm infant is designated as at risk for growth failure or micronutrient deficiencies
- Customize nutritional interventions to help close the growth failure gap in the NICU and at discharge

