

# You're Invited to a Healthcare Professional CE/CME Group Viewing Event

### State of the Art: Precision Nutrition in Preterm Infants

**Christoph Fusch, MD, PhD,** discusses evidence that reveals how to measure and strategically determine microand macronutrient needs for preterm neonates. He reviews the impact of balanced nutrient intake and nutritional research studies in preterm infants on clinical outcomes, as well as the significance of applying postnatal growth trajectories and optimal nutrition needs of preterm infants.

Date	
Time	
Location	
Organized by	
For more info contact	

After viewing, go to https://pnce.org/gv/59581 to complete a short assessment and get your certificate.

#### **Target Audience**

This activity was developed for pediatric physicians, nurses, advanced practice clinicians, dietitians, and other healthcare providers who have an interest in newborns, infants and toddlers.

#### **Learning Objectives**

At the conclusion of this activity, participants should be better able to:

- Explain how nutritional needs vary among preterm and term infants
- Describe the clinical outcomes from nutrient research studies in preterm infants
- Develop individual postnatal growth trajectories for preterm infants to reduce the risk of postnatal growth retardation
- Apply current recommendations based on nutrient research studies for the clinical management of preterm infants

#### **Accreditation and Certification**

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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#### **Credit Designation-Enduring Material**

The Annenberg Center for Health Sciences at Eisenhower designates this enduring material for a maximum of 1.0 AMA PRA Category 1 Credit $^{\rm TM}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Annenberg Center for Health Sciences is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 1.0 contact hour may be earned for successful completion of this activity.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour.

Annenberg Center for Health Sciences at Eisenhower is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.

Provider number: AC857 Activity number: 167291