

# **ON-DEMAND VIEWING**

pnce.org/FPIES-Cases



### Anna H. Nowak-Wegrzyn, MD, PhD

Professor of Pediatrics NYU Grossman School of Medicine Director, Division of Allergy and Immunology **Department of Pediatrics** New York University Langone Health

## Free CE/CME course—archived presentation.

## **Guideline-Based Care of Infants With Food Protein-Induced Enterocolitis Syndrome**

### Presented by Anna H. Nowak-Wegrzyn, MD, PhD

Dr. Nowak-Wegrzyn, takes a case-based approach to identify and diagnose food protein-induced enterocolitis syndrome (FPIES) in infants and how to manage acute reactions. Dr. Nowak-Wegrzyn reviews common symptoms and food triggers and discusses how to distinguish FPIES from other major non-IgE-mediated food allergies. Owing to the critical importance of avoiding nutritional deficiencies in infants with FPIES, Dr. Nowak-Wegrzyn highlights how to optimize nutritional management while proceeding with an oral food challenge. An overview of new areas of research in FPIES, including the need for better food-challenge procedures, and the burden FPIES places on families, is also presented.

### Learning Objectives

- Apply expert nutrition recommendations for very low-birth-weight infants in your clinical practice based on 2021 preterm infant nutritional guidelines.
- Identify areas in your clinical practice that will benefit from the latest preterm infant nutritional guidelines for enteral nutrition in very low-birth-weight infants.
- Identify research opportunities to advance nutritional care of preterm infants.

#### Accreditation and Certification

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Annenberg Center for Health Sciences at Eisenhower designates this enduring material for a maximum of 1.0 AMA PRA Category 1 Credit<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 1.00 contact hour may be earned for successful completion of this activity.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.00 contact hour. To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.

Annenberg Center for Health Sciences is accredited as a Annenberg Center for Health Sciences at Eisenhower is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.00 continuing professional education unit (CPEU) for completion of this program/material.

> Provider number: AC857 Activity number: 171050



#### Activity Format

This activity is an online enduring material. Successful completion is achieved by reading and/or viewing the material, reflecting on its implications in your practice, and completing the assessment component.

Supported by an educational grant from Mead Johnson Nutrition