



## You're Invited to a Physician CME, Nurse, Pharmacist and Dietitian CE Group Viewing Event

### The Probiotic LGG and Its Benefits to the Immune System

The first 1,000 days are a critical period for maternal, fetal, infant, and toddler nutrition. A diverse microbiome allows for a healthy immune system. Renowned professor of pediatric gastroenterology and nutrition, and endowed chair in pediatric research, **Fayez K. Ghishan, MD**, discusses the important role gastrointestinal microbiota plays in the development of immune function. The properties of probiotics are strain-dependent and are not all formulated the same. Dr. Ghishan discusses the mechanisms and other factors that influence the clinical benefits of probiotics on gut health and the immune system of newborns. He explains the unique properties of the probiotic strain *Lactocaseibacillus rhamnosus* GG and its impact on tolerance to cow's milk protein. Dr. Ghishan also reviews the most recent and pertinent studies of LGG®, while discussing the role of LGG® in the future of allergy management.

<b>Date</b>	_____
<b>Time</b>	_____
<b>Location</b>	_____
<b>Organized by</b>	_____
<b>For more info contact</b>	_____

After viewing, go to <https://pnce.org/gv/59843> to complete a short assessment and get your certificate.

#### Accreditation and Certification

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### Credit Designation-Live Activity

The Annenberg Center for Health Sciences at Eisenhower designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Annenberg Center for Health Sciences is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 1.0 contact hour may be earned for successful completion of this activity.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour.



ACPE CREDIT

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program

has been assigned ACPE Universal Program #0797-0000-22-010-L01-P. This program is designated for up to 1.0 contact hour (0.1 CEUs) of continuing pharmacy education credit.

Annenberg Center for Health Sciences at Eisenhower is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.

Provider number: AC857

Activity number: 170337

#### Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Describe the role GI microbiota plays in the development of immune function
- Discuss the importance of strain-specific identification among probiotics, focusing on *Lactocaseibacillus rhamnosus* GG
- Assess long-term outcomes and benefits associated with *Lactocaseibacillus rhamnosus* GG



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