

# You're Invited to a Healthcare Professional CE Group Viewing Event

# Personalized Human Milk Fortification Strategies to Impact Micronutrition and Growth

Professor and neonatologist, **Christina J. Valentine**, **MD**, **MS**, **RD**, provides evidence of gaps between nutrition standard-of-care compared to the latest recommended nutrition guidelines. Dr. Valentine details the components in human milk for the purpose of raising awareness of potential nutritional limitations and variability of preterm breast milk and donor milk. To overcome these limitations, Dr. Valentine identifies fortification options and supplements to fill any potential nutrient gaps beyond calories and protein. Dr. Valentine also emphasizes the importance of limiting the use of donor milk to as short a duration as possible.

Date	
Time	
Location	
Organized by	
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## After viewing, go to https://pnce.org/gv/60063 to complete a short assessment and get your certificate.

#### **Target Audience**

This education was designed to support physicians, nurses, advanced practice clinicians, registered dietitians, and other healthcare professionals who have an interest in newborns, infants and toddlers.

### **Learning Objectives**

At the conclusion of this activity, participants should be better able to:

- Define the composition of preterm, term, and pasteurized human milk
- Assess nutrient gaps to identify fortification strategies beyond calories and protein needs



In support of improving patient care, Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education

(ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Annenberg Center designates this enduring material for a maximum of 0.5 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this enduring activity for a maximum of 0.5 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 0.5 contact hour. To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 0.5 continuing professional education unit (CPEU) for completion of this program/material.

Commission on Dietetic Registration Fight. Academy of Nutrition and Dietetics Completion of this RD/DTR profession specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetic-srelated but not targeted to RDs or DTRs, CPEUs may be claimed which are commensure with participation in contact hours (One 60 minute hour = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at

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