

# You're Invited to a Healthcare Professional CE Group Viewing Event

## Nutrition in the First 1,000 Days: Iron

Iron plays a critical role in early neurodevelopment in the first 1,000 days and is an essential micronutrient during pregnancy, especially in the last trimester. **Michael K. Georgieff, MD**, discusses how early detection for at-risk infants is crucial in long-term consequences for brain health, and that proper screening for maternal iron deficiency is critical. Dr. Georgieff details how to prevent and treat iron deficiency, the benefits of iron supplements, as well as recommended daily intake of iron-fortified formula for both formula-fed and breastfed infants.

<b>Date</b>	_____
<b>Time</b>	_____
<b>Location</b>	_____
<b>Organized by</b>	_____
<b>For more info contact</b>	_____

After viewing, go to <https://pnce.org/gv/60076> to complete a short assessment and get your certificate.

### Target Audience

This activity was developed for pediatric physicians, nurses, registered dietitians, advanced practice clinicians, and other healthcare providers who have an interest in newborns, infants, and toddlers.

### Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Understand how iron deficiency hinders brain development in the first 1,000 days
- Associate early iron deficiency with long-term consequences
- Optimally manage iron deficiency in pregnant women and infants



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The Annenberg Center designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this enduring activity for a maximum of 1.0 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.



Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.