

# LIVE WEBCAST

# Tuesday May 23, 2023

Eastern	10:00 AM	(EDT · UTC -4)
Central	<b>9:00</b> AM	(CDT · UTC -5)
Mountain	8:00 AM	(MDT · UTC -6)
Pacific	<b>7:00</b> AM	(PDT · UTC -7)
Alaska	<b>6:00</b> AM	(AKDT · UTC -8)
Hawaii-Aleutian	<b>4:00</b> AM	(HAST · UTC -10)
		UTC 14:00

To access the webcast, go to

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Free continuing education webcast with live audience questions!

# Trends in the Clinical Management of Food Allergy

## Presented by Raquel Durban, MS, RD, LDN

Ms. Durbin will review the current epidemiology of food allergies and the relationship between timing of allergenic food introduction and development of food allergies and related disorders. Updated clinical guidelines will be described. Clinical tools and techniques clinicians can use in practice to manage patients who have or are at risk for food allergies will be reviewed. The current role of immunotherapy will be discussed, as well as new and emerging food allergy research.

### **About the Presenter**

Raquel Durban, MS, RD, LDN, is a dietitian who provides medical nutrition therapy to patients of the Carolina Asthma & Allergy Center in Charlotte, North Carolina. Ms. Durban leads disease-based support groups and community outreach programs.

### **Learning Objectives**

By participating in this webcast, you will:

- Describe current trends for the early introduction of allergenic foods
- Apply food allergen exposure guidelines to clinical practice
- Counsel parents and caregivers to safely and appropriately introduce foods with potential allergens to infants
- Anticipate future trends for the introduction of allergenic foods



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The Annenberg Center designates this activity for a maximum of 1.0 *AMA PRA Category 1 Credit*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this activity for a maximum of 1.0 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour. To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material. Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.

#### Activity Format

This activity is a live streaming webcast. To participate, you will need access to an internet-connected device with speakers or headphones.

You may access the webcast stream 15 minutes in advance of the activity. A simple registration is required to participate and all activity materials may be downloaded from the site.

If you are unable to participate via the internet stream, you may instead listen to the audio by dialing the corresponding number above and entering the passcode when prompted.

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