

You're Invited to a Healthcare Professional CE Group Viewing Event

Nutrition Post-Hospital Discharge

Chief of Pediatrics in Neonatology and Director of Clinical Research at Yale School of Medicine, **Sarah N. Taylor, MD, MSCR**, provides a review of clinical evidence on how nutrition posthospital discharge relates to better growth and health outcomes. She explores the pros and cons of various infant formulas and advocates for ongoing support for milk expression and breastfeeding. Understanding the family's feeding goals is crucial in establishing a nutrition and feeding strategy.

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For more info contact	<hr/>

After viewing, go to <https://pnce.org/gv/6073-2EM> to complete a short assessment and get your certificate.

Target Audience

This education was developed to support physicians, nurses, registered dietitians, and other healthcare professionals who have an interest in newborns, infants, and toddlers.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Identify the unique nutrition needs of preterm infants after NICU discharge
- Identify a postdischarge feeding strategy that supports optimal growth and development for a very preterm infant
- Evaluate the benefits from sustained exposure to human milk in very preterm infants after NICU discharge.



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In support of improving patient care, Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Annenberg Center designates this enduring material for a maximum of 0.5 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this enduring material for a maximum of 0.5 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 0.5 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 0.5 continuing professional education unit (CPEU) for completion of this program/material.

Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.



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This activity is supported by an educational grant from **Mead Johnson Nutrition**.