

ON-DEMAND VIEWING

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Brenda Poindexter, MD, MS

Chief, Division of Neonatology System Medical Director for Neonatology Marcus Professor of Pediatrics Children's Healthcare of Atlanta and Emory University Atlanta, Georgia

Free CE course Approaches to Growth Faltering

Presented by Brenda Poindexter, MD, MS, at Miami Neonatology 2023

There are multiple causes of growth faltering, as well as strategies for prevention. Knowing when and how to provide early nutritional support coincides with determining the targeted rate of growth. The importance of prioritizing growth trajectories over percentiles on the growth chart is reviewed. Although weight gain is important and simple to measure, proportional gains in linear growth and head circumference are also essential to optimize outcomes.

Learning Objectives

- Summarize tools to assess the growth of preterm infants
- Outline key elements of the definition of postnatal growth faltering
- Identify causes of growth faltering and strategies for prevention
- Apply intervention strategies for growth faltering



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The Annenberg Center designates this activity for a maximum of 0.5 American Nurses Credentialing Center (ANCC) contact hour, including 0.5 pharmacology hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 0.5 contact hour. To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material. Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.

Activity Format

This activity is an online enduring material. Successful completion is achieved by reading and/or viewing the material, reflecting on its implications in your practice, and completing the assessment component.

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