

LIVE WEBCAST

WEDNESDAY
JUNE 12, 2024

Eastern	Noon	(EDT · UTC -4)
Central	11:00 AM	(CDT · UTC -5)
Mountain	10:00 AM	(MDT · UTC -6)
Pacific	9:00 AM	(PDT · UTC -7)
Alaska	8:00 AM	(AKDT · UTC -8)
Hawaii-Aleutian	6:00 AM	(HAST · UTC -10)

UTC 16:00

To access the webcast, click or go to
pnce.org/Advising-CF

This activity is a 60 minute live streaming webcast. To participate, you will need access to an internet-connected device with speakers or headphones.

You may access the webcast stream 15 minutes in advance of the activity. A simple registration is required to participate and all activity materials may be downloaded from the site.

If you are unable to participate via streaming internet, listen to audio by identifying and calling your Zoom dial-in number (<https://zoom.us/join>).

When prompted enter meeting ID 859 0951 3768.

Free continuing education webcast with live audience questions

Advising Parents on Complementary Feeding and Food Allergy Prevention



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Complementary feeding can be a stressful period for caregivers of infants, with confusing and often conflicting guidance regarding best practices. This education begins with an overview of current recommendations for complementary feeding before focusing on early allergen introduction between 4 and 6 months of age. The data supporting early allergen introduction are reviewed along with current real-world practices and recommendations for improving uptake. Using a case-based approach, common concerns related to early introduction and best practices for confidently addressing these concerns are reviewed.

Learning Objectives

By participating in this webcast, you will:

- Understand the current recommendations for introducing complementary foods during infancy
- Maximize the prevention of food allergies by applying the latest guidelines for feeding common food allergens
- Provide parents and caregivers with clear advice for complementary food introduction and food allergy prevention



In support of improving patient care, Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Annenberg Center designates this activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this activity for a maximum of 1.0 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.0 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material. Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.

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