

ON-DEMAND VIEWING

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Archived Presentation **Emerging Developments in** Human Milk Fortification: **Problem Solving for Clinical Practice**



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Ariel Salas, MD, MSPH, and Brian Stansfield, MD, are leaders in human milk research, as well as in the clinical application of these findings. In a solutions-based presentation, Drs. Salas and Stansfield show recent clinical trial and real-world data on strategies for optimizing preterm nutrition. In this course you will learn about human milk fortification, NICU feeding protocols, and emerging research into bioactives in human milk, including factors that influence microbiome development. Then, Dr. Stansfield will join Michaela Berroya, MSN, RNC-NIC, a NICU nurse, and Kirsten Frank, RD, LDN, IBCLC, a neonatal dietitian, to discuss the behavioral competencies underpinning interprofessional collaboration and the ways in which they can be applied within the NICU.



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This activity was planned by and for the healthcare team, and learners will receive 1.75 Interprofessional Continuing Education (IPCE) credits for learning and change.

Learning Objectives

By participating in this webcast, you will:

- · Assimilate new learnings from human milk research to help overcome the challenges associated with optimizing nutrient delivery to preterm infants
- Evaluate strategies for improving growth and nutrition-related outcomes in preterm infants, utilizing various strategies for human milk fortification
- Assess the emerging literature on the human milk microbiome, human milk oligosaccharides, and how human milk shapes critical aspects of our development
- Evaluate interprofessional collaborative practices in preterm nutrition care

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