# You're Invited to a Healthcare Professional CE **Group Viewing Event**

# **Supporting Neurodevelopment With Brain-Building** Nutrition

This material reviews the latest learnings on the ways in which nutrition can influence neurodevelopment. Human milk is rich in key lipids for neurodevelopment, which are encapsulated by the milk fat globule membrane (MFGM). The brain-building benefits of MFGM are increasingly being investigated in formula-fed infants, and we discuss the results of randomized clinical trials evaluating the addition of MFGM to infant formula, with a focus on the ways that these trials can be applied to your clinical practice.

Date	
Time	
Location	
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## After viewing, go to https://pnce.org/gv/6085-EM to complete a short assessment and get your certificate.

### **Target Audience**

This education was developed to support primary care physicians, general practitioners, pediatricians, and other healthcare providers who treat infants and children.

### Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Recognize the impact of nutrition on brain growth and neurodevelopment
- Identify key components of the structure, composition, and functionality of MFGM in breast milk and its significance to infant nutrition
- Discuss strategies to confidently communicate the clinical benefits of infant formula with MFGM in early infant growth and development



In support of improving patient care, Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education

(ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Annenberg Center designates this education for a maximum of 0.75 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



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