

## Exploring the Connection Between the Microbiome and Allergy Development

### Cow's Milk Allergy Guidelines

#### **ESPGHAN Position Paper on the Diagnosis, Management, and Prevention of Cow's Milk Allergy (2024)**

Vandenplas Y, Broekaert I, Domellöf M, et al. An ESPGHAN Position Paper on the Diagnosis, Management, and Prevention of Cow's Milk Allergy. *J Pediatr Gastroenterol Nutr.* 2024;78(2):386-413.  
doi:10.1097/MPG.0000000000003897

↗ [https://onlinelibrary.wiley.com/doi/10.1097/MPG.0000000000003897]

#### **World Allergy Organization DRACMA guideline update on probiotics in formulas for infants with cow's milk allergy (2024)**

Bognanni A, Fiocchi A, Arasi S, et al. World Allergy Organization (WAO) Diagnosis and Rationale for Action against Cow's Milk Allergy (DRACMA) guideline update – XII – Recommendations on milk formula supplements with and without probiotics for infants and toddlers with CMA. *World Allergy Organ. J.* 2024;17(4):100888. doi:10.1016/j.waojou.2024.100888

↗ [https://www.worldallergyorganizationjournal.org/article/S1939-4551(24)00019-X/fulltext]

#### **World Allergy Organization DRACMA guidelines update – Series**

↗ [https://www.worldallergyorganizationjournal.org/dracma-series]

### Food Ladder Resources

#### **iMAP Milk Ladder Handout**

↗ [https://gpifn.files.wordpress.com/2019/10/imap\_final\_ladder-may\_2017\_original.pdf]

#### **iMAP Milk Ladder Recipes**

↗ [https://gpifn.files.wordpress.com/2019/10/imap-recipes\_final\_original.pdf]

#### **Canadian egg and milk ladder handouts**

Chomyn A, Chan ES, Yeung J, et al. Canadian food ladders for dietary advancement in children with IgE-mediated allergy to milk and/or egg. *Allergy Asthma Clin Immunol.* 17, 83 (2021).  
https://doi.org/10.1186/s13223-021-00583-w

↗ [https://aacjournal.biomedcentral.com/articles/10.1186/s13223-021-00583-w]

### Cow's Milk Allergy Informational Resources for Parents

#### **iMAP Milk Allergy Initial Fact Sheet for Parents**

↗ [https://gpifn.files.wordpress.com/2019/10/imap\_patient\_factsheet\_original.pdf]

#### **Food Allergy Research & Education Milk Allergy 101 video and FAQs**

↗ [https://www.foodallergy.org/living-food-allergies/food-allergy-essentials/common-allergens/milk]

#### **Asthma and Allergy Foundation of America milk allergy FAQs**

↗ [https://kidswithfoodallergies.org/living-with-food-allergies/top-food-allergens/milk-allergy/]

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## Cow's Milk Allergy Management Resources for Parents

### **Asthma and Allergy Foundation of America guide to management handout**

↗ [https://secure.aafa.org/np/clients/aafa/product.jsp?product=58&]

### **Asthma and Allergy Foundation of America Milk Allergy Chef Cards**

↗ [https://secure.aafa.org/np/clients/aafa/product.jsp?product=291&]

### **List of sources of cow's milk protein**

↗ [https://content.isitcowsmilkallergy.co.uk/media/1031/iicma\_sources\_of\_cows\_milk\_protein.pdf]

### **Cincinnati Children's Guide to Formula Equivalents**

↗ [https://www.cincinnatichildrens.org/-/media/Cincinnati-Childrens/Home/news/2022/guide-to-formula-equivalents.pdf]



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