

## **ON-DEMAND VIEWING**

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Free CF course

## How to Use Phenotyping to Guide Management of Food Allergy

Presented by David R. Stukus, MD

Dr. Stukus discusses phenotyping. Phenotyping in the clinical setting may be utilized to predict symptoms severity, concurrent allergy conditions and response to therapy. Along with biomarkers phenotypes may be used to determine eligibility for biologic therapy.

## **Learning Objectives**

- Apply the latest recommendations for food allergy identification and management to create effective treatment strategies for patients with food allergies
- Utilize knowledge on allergen exposure guidelines when counseling parents and caregivers to provide clear direction on managing allergen exposure during the complementary feeding period



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Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 0.5 continuing professional education unit (CPEU) for completion of this program/material. Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.

Activity Forma

This activity is an online enduring material. Successful completion is achieved by reading and/or viewing the material, reflecting on its implications in your practice, and completing the assessment component.

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