

Food Oral Immunotherapy: Risks, Benefits, Expected Outcomes

→ Supplemental Resources →

Healthcare Provider Guidelines

Managing food allergy: GA2LEN guideline 2022² https://linkinghub.elsevier.com/retrieve/pii/S1939-4551(22)00063-1

Key Studies

Loke P, Orsini F, Lozinsky AC, et al. Probiotic peanut oral immunotherapy versus oral immunotherapy and placebo in children with peanut allergy in Australia (PPOIT-003): a multicentre, randomised, phase 2b trial [published correction appears in *Lancet Child Adolesc Health*. 2022 May;6(5):e19]. *Lancet Child Adolesc Health*. 2022;6(3):171-184. doi:10.1016/S2352-4642(22)00006-2

Lodge CJ, Waidyatillake N, Peters RL, et al. Efficacy and safety of oral immunotherapy for peanut, cow's milk, and hen's egg allergy: A systematic review of randomized controlled trials. *Clin Transl Allergy*. 2023;13(7):e12268. doi:10.1002/clt2.12268

Healthcare Provider Resources

American Academy of Allergy, Asthma & Immunology (AAAAI) https://www.aaaai.org/Aaaai/media/MediaLibrary/PDF%20Documents/Libraries /Anaphylaxis-Emergency-Action-Plan_FILLABLE.pdf

American Academy of Pediatrics (AAP) o

https://downloads.aap.org/HC/AAP_Allergy_and_Anaphylaxis_Emergency_Plan.pdf

Food Allergy Research & Education (FARE)—available in English and Spanish

https://www.foodallergy.org/living-food-allergies/food-allergy-essentials/food-allergy-anaphylaxis-emergency-care-plan

Asthma and Allergy Foundation of America: guides to epinephrine use in different formulations and access programs

https://kidswithfoodallergies.org/living-with-food-allergies/what-is-a-food-allergy/what-is-anaphylaxis/

SnackSafely.com: videos of epinephrine use

https://snacksafely.com/2019/08/a-video-guide-to-emergency-epinephrine-options/

Resources for Patients and Caregivers

Asthma and Allergy Foundation of America: Kids with Food Allergies https://kidswithfoodallergies.org/

Centers for Disease Control and Prevention: Food Allergies https://www.cdc.gov/healthyschools/foodallergies/index.htm

Food Allergy Research & Education (FARE)

https://www.foodallergy.org/living-food-allergies