

GER and GERD in Infants: What Are Your Treatment Strategies?

Guidelines for Healthcare Providers

- European Society for Pediatric Gastroenterology, Hepatology, and Nutrition (ESPGHAN) Position Paper on infant formulas for the treatment of functional gastrointestinal disorders
 - <https://onlinelibrary.wiley.com/doi/10.1002/jpn3.12240>
- North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN) Practice Guidelines on pediatric gastroesophageal reflux disease (GERD)
 - Practice Guidelines: <https://onlinelibrary.wiley.com/doi/10.1002/jpn3.12240>
 - Primary Care Summary: https://d1pij0k2lbf86p.cloudfront.net/wp-content/uploads/2024/01/PedGERD-Summary_Short-revised-January-2024.pdf
 - Gastroenterology Summary: <https://d1pij0k2lbf86p.cloudfront.net/wp-content/uploads/2024/01/PedGERD-Summary-revised-January-2024.pdf>
- American Academy of Pediatrics (AAP) Clinical Report on the diagnosis and management of gastroesophageal reflux in preterm infants
 - <https://publications.aap.org/pediatrics/article/142/1/e20181061/37477/Diagnosis-and-Management-of-Gastroesophageal>

Clinician Resources

- Tips and resources for thickening formulas (Duncan et al, 2019)
 - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9733977/>
- International Dysphagia Diet Standardisation Initiative (IDDSI) Testing
 - Framework and Detailed Level Definitions: <https://cms.iddsi.org/media/publications-iddsi/detaileddescriptions/english/V2DetailedDefnEnglish31july2019.pdf>
 - Testing Methods: <https://cms.iddsi.org/media/publications-iddsi/testingmethods/english/V2TestingMethodsEnglish31july2019.pdf>
 - Testing Cards: <https://cms.iddsi.org/media/publications-iddsi/alltestcards/englishaus/iddsi-reference-card-folded-dl-sponsors-jul-30-2024.pdf>
- North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (NASPGHAN)
 - GER and GERD in the Neurologically Impaired Child: https://naspghan.org/files/documents/pdfs/medical-resources/gerd/Gastro_Reflux_Flyer.pdf
 - GERD in Children With Underlying Structural Anomaly: https://naspghan.org/files/documents/pdfs/medical-resources/gerd/GERD%20in%20Children%20with%20an%20Underlying%20Structural%20Anomaly_FlyerFormat.pdf
 - Masqueraders of GERD: https://naspghan.org/files/documents/pdfs/medical-resources/gerd/Masqueraders%20of%20GERD_FlyerFormat.pdf

Parent Resources



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- GIKids.org
 - Parent's Take Home Guide to GERD: https://www.gikids.org/files/documents/resources/GERD%20Parent%20Take%20Home%20Guide_11-13-13.pdf
 - Parent's Checklist for Reflux in Infants: https://gikids.org/files/documents/resources/GERD-Infant%20checklist_.pdf
- American Academy of Pediatrics (AAP) HealthyChildren.org
 - Parent FAQs: <https://www.healthychildren.org/English/health-issues/conditions/abdominal/Pages/GERD-Reflux.aspx>
 - Sleep Solutions for Infants With GERD: <https://www.healthychildren.org/English/tips-tools/ask-the-pediatrician/Pages/What-is-the-safest-sleep-solution-for-my-baby-with-reflux.aspx>



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This activity is supported by an educational grant from **Mead Johnson Nutrition.**