

# You're Invited to a Healthcare Professional CE Group Viewing Event

## Updates on Nutritional Assessment of Very Preterm Infants

In this presentation, Mandy Brown Belfort, MD, MPH, highlights current practices and ongoing questions regarding the optimal nutritional assessment of preterm infants. Dr. Belfort discusses the importance of accurately assessing nutritional status in preterm infants, with an emphasis on serial anthropometry using growth standards. The relative limitations of the reference fetus standard and the potential advantages of using preterm postnatal standards are reviewed. Looking to the future, Dr. Belfort also discusses the need for inexpensive and portable methods to monitor body composition in preterm infants and data on the use of bioelectrical impedance analysis, a promising investigational tool for measuring fat-free mass in the NICU.

Date	_____
Time	_____
Location	_____
Organized by	_____
For more info contact	_____

After viewing, go to <https://pnce.org/gv/6113-1EM> to complete a short assessment and get your certificate.

### Target Audience

This education was developed to support physicians, nurses, registered dietitians, and other healthcare professionals who have an interest in newborns, infants, and toddlers.

### Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Evaluate the impact of nutritional care in the neonatal intensive care unit (NICU) on the lifelong health of preterm infants
- Describe established and emerging methods for obtaining clinically relevant anthropometric measurements in the NICU
- Discuss the implications of fat-free mass and fat mass on the health of preterm infants



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Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 0.5 continuing professional education unit (CPEU) for completion of this program/material.

Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.



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