

You're Invited to a Healthcare Professional CE Group Viewing Event

The Early Nutrition Journey and MFGM: Evidence for Improving Cognitive Outcomes

Experts on MFGM, infant neurodevelopment, and early cognition discuss the most recent scientific and medical research on MFGM and its effects on infant development. First, Rafael Jimenez-Flores, PhD, reviews the foundational science of MFGM, including its secretion, components, and structure, with a focus on the mechanistic features believed to contribute to early neurodevelopmental processes. Then, Sean Deoni, PhD, reviews the influence of MFGM on the developing brain using imaging-based assessments of brain volume and myelination. Finally, John Colombo, PhD, reviews the most recent translational data providing support for the effects of MFGM supplementation in infant formula on long-term cognitive outcomes.

Date**Time****Location****Organized by****For more info contact**

After viewing, go to <https://pnce.org/gv/6128-EM> to complete a short assessment and get your certificate.

Target Audience

This education was developed to support pediatricians, pediatric nurses, pediatric dietitians, and other healthcare providers who treat infants and children.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Describe the molecular structure of MFGM as it relates to its key biological functions, including its role as a bioactive component in human milk
- Identify the clinical significance of MFGM in early life nutrition and its impact on neurodevelopment and brain structure and function
- Discuss the longitudinal benefits of early life MFGM supplementation on cognitive outcomes, measures of intelligence, and executive functioning



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INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Annenberg Center designates this activity for a maximum of 1.75 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this activity for a maximum of 1.75 American Nurses Credentialing Center (ANCC) contact hour.

Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.75 contact hour. To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.75 continuing professional education unit (CPEU) for completion of this program/material. Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.

This activity was planned by and for the healthcare team, and learners will receive 1.75 Interprofessional Continuing Education (IPCE) credits for learning and change.



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