

The Early Nutrition Journey and MFGM: Evidence for Improving Cognitive Outcomes

Guidelines

- American Academy of Pediatrics (AAP) Policy Statement: Advocacy for Improving Nutrition in the First 1000 Days to Support Childhood Development and Adult Health
 - <https://publications.aap.org/pediatrics/article/141/2/e20173716/38085/Advocacy-for-Improving-Nutrition-in-the-First-1000>
- AAP Policy Statement: Breastfeeding and the Use of Human Milk
 - <https://publications.aap.org/pediatrics/article/150/1/e2022057988/188347/Policy-Statement-Breastfeeding-and-the-Use-of>

Clinician Resources

- AAP training modules and tips for early brain development
 - <https://www.aap.org/en/patient-care/early-childhood/early-childhood-health-and-development/early-brain-development/>

Parent Resources

- University of Georgia Extension fact sheets on early brain development
 - <https://www.bbbgeorgia.org/fact-sheets>
- Parent-Infant Foundation Baby Brain Facts
 - <https://parentinfantfoundation.org.uk/wp-content/uploads/2020/06/F1001D-Baby-Brain-Infographic.pdf>
- Centers for Disease Control and Prevention (CDC) content on infant and toddler nutrition
 - <https://www.cdc.gov/nutrition/InfantandToddlerNutrition/index.html>



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