

## ON-DEMAND PODCAST

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## Pediatrician's Corner Podcast A Conversation with a Pediatric Psychologist



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Pediatrician



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Psychologist

In this podcast, pediatric psychologist Dr. Lee and general pediatrician Dr. Chase dive into the most common reason for a referral to a pediatric psychologist: anxiety. They'll review different ages when anxiety may be more likely to present, and will review how it presents, what it might be mistaken for, and what a treatment plan might look like. Their conversation also explores the intersection of pediatric anxiety with important topics in today's world: child temperament and parenting styles, emotional regulation and its role in healthy development, and helping young people make sense of difficult and complex events happening around them. This conversation closes the gap between the specialized knowledge of a pediatric psychologist and the frontline clinical care of the general pediatrician.



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Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material. Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.

### Learning Objectives

By participating in this course, you will:

- Recognize the role of adherence to clinical practice guidelines in improving patient outcomes and the efficiency of the healthcare system.
- Identify appropriate thresholds for referring pediatric patients to medical subspecialists for common conditions seen in the primary care setting.

Supported by an educational grant from  
**Mead Johnson Nutrition**