

A Conversation with a Pediatric Allergist

Key Publications

Abrams E, Shaker M, Stukus D, Mack D, Greenhawt M. Updates in Food Allergy Prevention in Children. *Pediatrics*. 10/11 2023;152doi:10.1542/peds.2023-062836

Abrams EM, Shaker MS, Chan ES, Brough HA, Greenhawt M. Prevention of food allergy in infancy: the role of maternal interventions and exposures during pregnancy and lactation. *The Lancet Child & Adolescent Health*. 2023;7(5):358-366. doi:10.1016/S2352-4642(22)00349-2

Obbagy JE, English LK, Psota TL, et al. USDA Nutrition Evidence Systematic Reviews. *Types and Amounts of Complementary Foods and Beverages and Food Allergy, Atopic Dermatitis/Eczema, Asthma, and Allergic Rhinitis: A Systematic Review*. USDA Nutrition Evidence Systematic Review; 2019.

Guidelines for Healthcare Providers

Anaphylaxis Practice Parameters - AAAAI

Golden DBK, Wang J, Wasserman S, et al. Anaphylaxis: A 2023 practice parameter update. *Annals of Allergy, Asthma & Immunology*. 2024;132(2):124-176. doi:10.1016/j.anai.2023.09.015

North American Pediatric Food Allergy Anaphylaxis Management Plan

Anagnostou A, Abrams EM, Anderson WC 3rd, Carver M, Eftekhari S, Golden DBK, Jaffee H, Lieberman JA, Mack DP, Mustafa SS, Shaker MS, Spergel JM, Stukus DR, Wang J, Greenhawt M. Development of a validated, updated North American pediatric food allergy anaphylaxis management plan. *Ann Allergy Asthma Immunol*. 2025 Jul;135(1):71-78.e4. doi: 10.1016/j.anai.2025.03.027. Epub 2025 Apr 14. PMID: 40239836.

Updated Guidelines for Atopic Dermatitis – AAAAI/ACAAI Joint Task Force

Wheeler KE, Chu DK, Schneider L. Updated Guidelines for Atopic Dermatitis—AAAAI/ACAAI Joint Task Force. *JAMA Pediatrics*. 2024;178(10):961-962. doi:10.1001/jamapediatrics.2024.1395

World Allergy Organization (WAO) Diagnosis and Rationale for Action against Cow's Milk Allergy (DRACMA) Guidelines update

Fiocchi A, Bognanni A, Brožek J, Ebisawa M, Schünemann H. World Allergy Organization (WAO) Diagnosis and Rationale for Action against Cow's Milk Allergy (DRACMA) Guidelines update - I - Plan and definitions. *World Allergy Organ J*. Jan 2022;15(1):100609. doi:10.1016/j.waojou.2021.1006

Clinician Resources

American Academy of Pediatrics (AAP) HealthyChildren.org

- Signs of Solid Food Readiness: <https://www.healthychildren.org/English/ages-stages/baby/feeding-nutrition/Pages/Bite-Sized-Milestones-Signs-of-Solid-Food-Readiness-.aspx>
- Food Allergy Reactions: <https://www.healthychildren.org/English/ages-stages/baby/feeding-nutrition/Pages/Food-Allergy-Reactions.aspx>

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FARE FoodAllergyPrevention.org

- Putting the NIAID Guidelines Into Practice: https://foodallergyprevention.org/wp-content/uploads/2023/06/Clinician-Guide_FAPrev_2.24.pdf
- Three E's of Early Peanut Introduction checklist: https://foodallergyprevention.org/wp-content/uploads/2023/06/FAPrev_Clinician3Es-052423-1.pdf
- Clinician Workflow: https://foodallergyprevention.org/wp-content/uploads/2023/06/FAPrev_Clinician3s-then-Workflow-compiled-for-Clinician-Tools-page_2_21_24.pdf
- Assessing Eczema Severity: <https://foodallergyprevention.org/for-clinicians/assessing-eczema-severity/>

National Institute of Allergy and Infectious Diseases (NIAID)

- Guidelines, algorithm, and recipes: [https://www.jacionline.org/article/S0091-6749\(16\)31222-2/pdf](https://www.jacionline.org/article/S0091-6749(16)31222-2/pdf)

National Peanut Board

- Downloads, webinars, and resources: <https://nationalpeanutboard.org/peanut-allergy-prevention/background-and-provider-resources/>



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