

<https://pnce.org/NICUDischargePart2>

ON-DEMAND VIEWING



Free CE course

Bridging the NICU to Home: A Team-Based Approach to Infant Discharge and Follow-Up Care

Part 2: Caring for NICU Graduates in the Primary Care Setting



Jill Kasper, MD



Vincent Smith, MD



Cuyler Romeo, MOT



Heidi Gates, RN



Molly Fraust-Wylie, MA

Dr. Jill Kasper opens with a presentation of evidence-based primary care for former preterm infants, including recommended assessment timelines, growth monitoring, optimizing nutrition for catch-up growth, and enhanced neurodevelopmental screening. Dr. Kasper is then joined by neonatologist Dr. Vincent Smith, who leads a multidisciplinary case-based panel that includes Dr. Kasper, NICU nurse and discharge coordinator Heidi Gates, feeding specialist Cuyler Romeo, and NICU parent advocate Molly Fraust-Wylie. In this interactive discussion, the panel follows 2 infants after discharge: a medically complex infant who returns with slowing growth; and a seemingly healthy former 32-weeker whose caregivers are reassured at visit after visit despite signs of feeding fatigue and growth faltering. Learners see how experts would react by watching the trajectory, acting early, and trusting what parents are telling them.



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Learning Objectives

By participating in this webcast, you will:

- Evaluate common postdischarge challenges faced by pediatric practices, such as missed follow-ups, feeding and growth challenges, and developmental concerns and propose proactive solutions.
- Utilize recommended tools, alongside an individualized, family-centered approach to enhance continuity of care and reduce the risk of hospital readmissions or adverse outcomes following NICU discharge.
- Collaborate across interprofessional roles to implement evidence-based postdischarge care and surveillance strategies for medically complex NICU graduates, identifying system-level challenges and coordinating comprehensive follow-up plans to reduce gaps in care, support families, and promote optimal neurodevelopmental outcomes