

Bridging the NICU to Home: A Team-Based Approach to Infant Discharge and Follow-Up Care

Part 2: Caring for NICU Graduates in the Primary Care Setting

Dr. Jill Kasper opens with a presentation of evidence-based primary care for former preterm infants, including recommended assessment timelines, growth monitoring, optimizing nutrition for catch-up growth, and enhanced neurodevelopmental screening. Dr. Kasper is then joined by neonatologist Dr. Vincent Smith, who leads a multidisciplinary case-based panel that includes Dr. Kasper, NICU nurse and discharge coordinator Heidi Gates, feeding specialist Cuyler Romeo, and NICU parent advocate Molly Fraust-Wylie. In this interactive discussion, the panel follows 2 infants after discharge: a medically complex infant who returns with slowing growth; and a seemingly healthy former 32-weeker whose caregivers are reassured at visit after visit despite signs of feeding fatigue and growth faltering. Learners see how experts would react by watching the trajectory, acting early, and trusting what parents are telling them.

Date

Time

Location

Organized by

For more info contact

Target Audience

This activity is developed to support primary care physicians, general practitioners, pediatricians, and other healthcare providers who treat infants and children.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Evaluate common postdischarge challenges faced by pediatric practices, such as missed follow-ups, feeding and growth challenges, and developmental concerns and propose proactive solutions.
- Utilize recommended tools, alongside an individualized, family-centered approach to enhance continuity of care and reduce the risk of hospital readmissions or adverse outcomes following NICU discharge.
- Collaborate across interprofessional roles to implement evidence-based postdischarge care and surveillance strategies for medically complex NICU graduates, identifying system-level challenges and coordinating comprehensive follow-up plans to reduce gaps in care, support families, and promote optimal neurodevelopmental outcomes.



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The Annenberg Center designates this activity for a maximum of 1.50 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Annenberg Center designates this activity for a maximum of 1.50 American Nurses Credentialing Center (ANCC) contact hour. Provider is approved by the California Board of Registered Nursing, Provider #13664, for 1.50 contact hour. *To receive credit for education contact hours outside of the state of California, please check with your state board of registered nursing for reciprocity.*

Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.50 continuing professional education unit (CPEU) for completion of this program/material. Registered Dietitians and Dietetic Technicians are to select activity type 102 on Professional Development Portfolio (PDP) activity logs.

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1

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