

Bridging the NICU to Home: A Team-Based Approach to Infant Discharge and Follow-Up Care

Part 3: The Parent Experience in the NICU

NICU nurse and discharge coordinator Heidi Gates sits down with Molly Fraust-Wylie, a NICU parent and family program manager, for a candid conversation about the experience of delivering a preterm infant and learning how to advocate for your infant at the same time. Ms. Fraust-Wylie describes the stress of the first days of admission, the importance of feeling like part of the care team, and the clinician interactions that shaped her experiences. Ms. Gates shares how staff can gauge family readiness for education, hand off caregiving responsibilities under family-integrated care, and teach parents to advocate for their infants. Through this discussion-based format, learners gain concrete strategies for supporting parents throughout the NICU stay.

Date

Time

Location

Organized by

For more info contact

Target Audience

This activity is developed to support primary care physicians, general practitioners, pediatricians, and other healthcare providers who treat infants and children.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Provide learners with direct, first-person perspective on the parent/caregiver experience of concurrent education and advocacy during a NICU admission.
- Educate clinicians on best practices for supporting parents as both learners and advocates.
- Identify resources for enhancing family centered and family integrated care practices in the NICU.



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