

# Liver-Gut-Microbiome Axis and Fatty Acid Absorption in Preterm Infants



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In this presentation Amy B. Hair, MD, explores how immaturity of the liver, gut, pancreas, and microbiome contributes to impaired fatty acid absorption in preterm infants. Using translational and clinical research, the presentation connects human milk composition, digestive organ development, and microbial function to growth outcomes. Dr. Hair examines how milk source, fortification, and targeted dietary intervention with human milk cream can influence preterm infant metabolism and microbial pathways. The session frames current knowledge gaps and ongoing research efforts aimed at translating microbiome and fat absorption science into practical strategies to support growth in vulnerable neonatal populations.

**Date**

**Time**

**Location**

**Organized by**

**For more info contact**

## Target Audience

This education was developed to support physicians, nurses, registered dietitians, and other healthcare professionals who care for preterm infants and newborns.

## Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Describe the role of the liver–gut–microbiome axis in fatty acid digestion and absorption in preterm infants
- Identify physiologic factors contributing to impaired fat absorption in preterm infants
- Evaluate emerging evidence linking microbiome composition and metabolic function with growth outcomes in preterm infants

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