

Challenges in the Management of Intestinal Failure in Preterm Infants



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In this presentation Amy B. Hair, MD, reviews contemporary challenges in caring for preterm infants with intestinal failure. Drawing on multidisciplinary clinical experience and available evidence, Dr. Hair examines how early enteral feeding, human milk-based strategies, fortification, and selective use of elemental formulas support intestinal adaptation and growth. The session emphasizes individualized decision-making based on gestational age, surgical anatomy, and feeding tolerance. Additionally, it covers the role of structured intestinal rehabilitation programs in reducing complications, supporting enteral autonomy, and improving long-term outcomes for infants with complex gastrointestinal disease.

Date

Time

Location

Organized by

For more info contact

Target Audience

This education was developed to support physicians, nurses, registered dietitians, and other healthcare professionals who care for preterm infants and newborns.

Learning Objectives

At the conclusion of this activity, participants should be better able to:

- Describe the pathophysiology and clinical features of intestinal failure and postsurgical adaptation and growth in preterm infants
- Review evidence-informed strategies to initiate and advance enteral nutrition in preterm infants with intestinal failure
- Evaluate feeding options for preterm infants with intestinal failure based on surgical anatomy and tolerance

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