

ON-DEMAND VIEWING

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Free CE course

## Challenges in the Management of Intestinal Failure in Preterm Infants

Presented by Amy B. Hair, MD, at Miami Neonatology 2025

This presentation reviews contemporary challenges in caring for preterm infants with intestinal failure. Drawing on multidisciplinary clinical experience and available evidence, Dr. Hair examines how early enteral feeding, human milk-based strategies, fortification, and selective use of elemental formulas support intestinal adaptation and growth. The session emphasizes individualized decision-making based on gestational age, surgical anatomy, and feeding tolerance. Additionally, it covers the role of structured intestinal rehabilitation programs in reducing complications, supporting enteral autonomy, and improving long-term outcomes for infants with complex gastrointestinal disease.

### Learning Objectives

- Describe the pathophysiology and clinical features of intestinal failure and postsurgical adaptation and growth in preterm infants
- Review evidence-informed strategies to initiate and advance enteral nutrition in preterm infants with intestinal failure
- Evaluate feeding options for preterm infants with intestinal failure based on surgical anatomy and tolerance



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### Activity Format

This activity is an online enduring material. Successful completion is achieved by reading and/or viewing the material, reflecting on its implications in your practice, and completing the assessment component.

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