

Guidelines

Pediatric Nutrition

- American Society for Parenteral and Enteral Nutrition (ASPEN) Core Curriculum: Pediatric Nutrition Support, Third Edition
 - <https://nutritioncare.org/bookstore/aspn-pediatric-nutrition-support-core-curriculum-third-edition/>

Neonatal Nutrition

- European Society of Pediatric Gastroenterology, Hepatology and Nutrition (ESPGHAN) Position Paper: Enteral Nutrition in Preterm Infants
 - <https://onlinelibrary.wiley.com/doi/10.1097/MPG.0000000000003642>
- Scientific Basis and Practical Guidelines: Nutritional Care of Preterm Infants
 - <https://karger.com/books/book/128/Nutritional-Care-of-Preterm-InfantsScientific>
- ASPEN Consensus Recommendations: Refeeding Syndrome
 - <https://aspnjournals.onlinelibrary.wiley.com/doi/10.1002/ncp.10474>

Clinician Resources

- Human Milk Banking Association of North America (HMBANA)
 - Best Practice for Expressing, Storing, and Handling Human Milk in Hospitals, Homes, and Childcare Settings: <https://www.hmbana.org/about-us/expressing-storing-handling-human-milk.html>
 - HMBANA Standards for Donor Human Milk Banking: https://www.hmbana.org/file_download/inline/95a0362a-c9f4-4f15-b9ab-cf8cf7b7b866
 - Find a milk bank: <https://www.hmbana.org/find-a-milk-bank/>
- ASPEN Neonatal Nutritional Assessment
 - <https://nutritioncare.org/wp-content/uploads/2025/08/Neonatal-Nutr-Assessment.pdf>
- Fenton 2025 Third Generation Preterm Growth Charts and Growth Chart Plotter
 - <https://ucalgary.ca/resource/preterm-growth-chart/preterm-growth-chart>
- Screening Tool for the Assessment of Malnutrition in Paediatrics (STAMP)
 - <https://www.stampscreeningtool.org>

Parent Resources

- Brigham and Women's Hospital: Nutrition and Fluids in the NICU
 - <https://healthlibrary.brighamandwomens.org/Conditions/Pregnancy/SpecialCare/NICU/90,P02391>
- University of Georgia Extension fact sheets on early brain development
 - <https://www.bbbgeorgia.org/fact-sheets>
- Parent-Infant Foundation Baby Brain Facts
 - <https://parentinfantfoundation.org.uk/wp-content/uploads/2020/06/F1001D-Baby-Brain-Infographic.pdf>
- March of Dimes – NICU Family Support
 - <https://www.marchofdimes.org/our-work/nicu-family-support>
- National Institute of Child Health and Human Development – Preterm Labor and Birth Resources
 - https://www.nichd.nih.gov/health/topics/preterm/more_information/resources
- La Leche League International – Pumping for a Premature Baby
 - <https://lila.org/breastfeeding-info/premies-pumping/>



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